

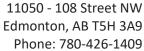
11050 - 108 Street NW Edmonton, AB T5H 3A9 Phone: 780-426-1409

Fax: 780-429-3459

## **APPLICATION FOR INTERVIEW**

If you have completed a residential treatment center within the last year please fill out the information sheet below and fax it to 780-429-3459 or email it to counsellor@mcdougallhouse.com

Application Date	
Full Name	
Age	
Phone number	
Email address	
Alberta Health Care Number	
For what addictions are you seeking help?	
What date was your last use of alcohol or drugs?	
Are you an I.V. drug user?	YesNo
What mood altering substances (including alcohol, drugs, medications) have you used in the past year?	
When were you last in Detox?	
If you are in a Treatment Center, when do you graduate? If not, when and where did you complete your last treatment program?	
complete your last treatment program.	Name:
Who is your Addiction Counsellor in Treatment?	Phone:
	Email:
Have you ever been hospitalized due to your use? If yes, when and where?	
Do you have a Mental Health diagnosis? If yes, please specify.	
Are you on <b>any medications</b> , including Suboxone or Methadone? If so, which ones and dosage?	
Please include date started	

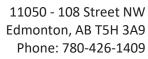




Fax: 780-429-3459

(Please fax a copy of current medications	
from Treatment/ Pharmacy)	
(Use this area for more medications if	
needed)	
Do you have any open wounds, skin	If yes, please specify:
infections or have you had any recent	in yes, please specify.
surgeries?	
Do you have a new or worsening cough,	Yes No
a cold or the flu?	If Yes: shortness of breath? rash or diarrhea? or fever in last 24
	hours?Yes No
Any recent exposure to Chicken Pox,	If yes, please specify:
Measles, Mumps, Whooping cough,	
Tuberculosis?	
Where have you lived over the past	
year (own home, rented, shelters, jail,	
couch surfing, treatment, etc.)?	
Have you ever been Physically,	Yes No
Emotionally or Sexually abused?	
Have you had counselling for this	If yes, when?
Abuse?	If you place specific
Do you have any legal issues or court dates?	If yes, please specify:
uates:	
	If you placed list ago and first name.
5 1 111 2	If yes, please list age and first name:
Do you have children?	
	If yes, please specify arrangement with children:
Is Child and Family Services involved?)	in yes, prease specify arrangement with children.
, , , , , , , , , , , , , , , , , , , ,	
With a valid Alberta Health Care Number,	your bed fee is \$0. We have no beds for out-of-province clients.
How are you receiving income (Alberta	
Works, AISH, Disability, savings, etc.)?	
Who referred you to McDougall House	
or how did you hear about us?	

Thank you for completing the first part of the application process. Depending on your situation (at home, in treatment, in detox, etc.) we will call you or your counsellor to set up an assessment.





Fax: 780-429-3459

## **Consent to Assessment**

A vital step in the McDougall House Association Application process is an assessment of the Applicant by a member of the counselling team. The McDougall House Association must have your expressed consent in order to conduct this assessment. The information below is meant to help you understand the reasons for the assessment, and to provide you with relevant information when making your decision on whether to agree to be assessed.

It is important to understand that a person cannot be accepted into the McDougall House program without completing the assessment stage. This means that if you do not agree to the assessment, you cannot be considered for admission into the McDougall House program.

The McDougall House Assessment Philosophy: Assessments for McDougall House are centered around understanding the Applicant's unique needs and circumstances. The assessment process involves gathering information about the Applicant as listed below:

- 1. history of substance use;
- 2. current situation;
- 3. physical and mental health status; and
- 4. any other relevant factors that may impact treatment.

The assessment will approach the Applicant with compassion and empathy, recognizing that addiction is a complex issue that often has underlying emotional, social, and environmental factors. Assessments consider the Applicant's cultural and social background and any potential barriers to treatment at McDougall House. By taking a holistic approach to assessment, the treatment team can determine the best treatment option for that person's unique needs and goals and increases the likelihood of successful outcomes. Should you as the Applicant or the assessment deem McDougall House to not be a good fit, referrals to alternate treatment options will be offered to ensure appropriate treatment and care.

Please take the time to review and understand the benefits and material risks of Assessment as explained below:

## **Benefits and Material Risks of Assessment**

**Benefits of Assessment**: An assessment provides a comprehensive evaluation of an Applicant's history with addiction, their current situation, and helps identify any underlying issues or conditions that may contribute to substance use or addiction.



11050 - 108 Street NW Edmonton, AB T5H 3A9 Phone: 780-426-1409

Fax: 780-429-3459

**Material Risks of Assessment:** Some Applicant's may feel uncomfortable or anxious during the assessment process, particularly if they are asked to disclose sensitive information about their substance use or mental health history.

(continued) Depending on the assessment results, the Applicant may be recommended for treatment that they are not ready or willing to engage in, which could cause feelings of frustration or resistance.

**Benefits of Declining Assessment**: An Individual who declines assessment may avoid feeling uncomfortable or anxious about disclosing sensitive information. They may also avoid being recommended for treatment that they are not willing or ready to engage in.

**Material Risks of Declining Assessment**: The Individual may miss out on the opportunity to identify any underlying issues or conditions that may be contributing to their substance use or addiction. If an Individual does not consent to the Assessment, they cannot be considered for admission to McDougall House.

Should you decide you do not want to attend McDougall House, there are other addictions services available in Alberta. Alternative addiction services can be found via this Government of Alberta webpage: <a href="https://www.alberta.ca/residential-addiction-treatment-service-providers.asp">https://www.alberta.ca/residential-addiction-treatment-service-providers.asp</a>

The cost of service at McDougall House, which includes counselling, workshop programming as well as room and board, is paid for by Alberta Heath. Therefore, if you are a resident of Alberta the cost of your treatment is \$0.00. You may need some money for personal hygiene needs. All clients will pay a \$5 refundable key deposit for their room key, to be refunded upon discharge when the key is returned.

McDougall House and our employees will always respect real, potential or perceived conflict of interest. Any concerns about potential conflicts of interest can be directed to the Executive Director.

Please contact 780 426 1409 or email <a href="mailto:counsellor@mcdougallhouse.com">counsellor@mcdougallhouse.com</a> with any questions about the (1) Assessment, (2) the Assessment process or (3) the benefits and material risks of assessment.

**Consent to Assessment**: My signature below confirms that I have reviewed and understood the (1) Assessment Philosophy, (2) the Assessment process and (3) the benefits and material risks of assessment as outlined above and would like to proceed with an assessment.

Applicant's name	
Applicant's signature	Date